Newsletter 15th December 2023

Volume 77 Issue 14 www.brook.dudley.sch.uk









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Take a look at our exciting Christmas calendar!

| Friday 15th December 15th Dece | Butterflies Christmas story: 9:30-10:30am |
|--|--|
| * | Mary Stevens Reindeer run! |
| * | A group of children will be going to the Unicorn Centre to sing Christmas Carols |
| Monday 18th Decen | <u>nber</u> Reception nativity: 2pm |
| Tuesday 19th Dece | mber Brook Christmas market |
| Friday 22nd December | <u>Der</u> Christmas parties! |
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A big well done to Leah who only started football training in September and has already received her first trophy, medal and merit certificate!

Well done Leah keep up the hard work!



A big well done to Sienna for being awarded with her 15 meter swimming certificate!

This is great achievement Sienna-well done!

Special Educational Needs and Disability INFO CORNER

Did you know ...?

You can find lots of SEND information through the Dudley Local Offer?

It can be found at:

https://dudleyci.co.uk/send-local-offer



Dudley's Local Offer is a one stop resource of information and services available to children and young people (aged 0-25) with Special Educational Needs and/or Disabilities (SEND), their parents, carers and families.

The Local Offer allows parents, carers ,young people and professionals to find and access information and support more easily. It contains a wealth of information on areas such as education, health and social care, training and emplayment, leisure and support to prepare you for adulthood. It also includes information to support children and young people with the most complex of needs and with an Education Health and Care Plan (EHCP)



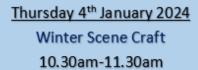
New Year Activities
For Children at
Wordsley Library
Please contact the library
to book your <u>FREE</u> place!



Tuesday 2nd January 2024 Design a Calendar Craft 10.30am-11.30am

Wednesday 3rd January 2024

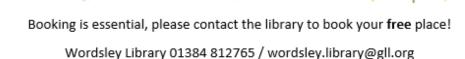
Rattle & Rhyme Special 10.30am-11.00am Make a Penguin Craft 2pm-3pm



Friday 5th January 2024 Design a Calendar Craft 2pm-3pm









www.better.org.uk/libraries/dudley



Edgmond Hall

This week we took 41 year 3 children for a Christmas 2 night residential at Edgmond Hall! We had such a brilliant time and did so many wonderful activities such as completing elf training, going on a bauble hunt to decorate a Christmas tree, sang songs around a campfire, went on a night walk through the woods to find Santa's workshop and of course meeting the man himself!

The children showed great resilience at many stages throughout the week and thoroughly enjoyed themselves on this magical trip! Current year 2's will receive a letter regarding Edgmond in the new year!











Wellbeing Corner

Try to improve your sleep

How well we sleep can impact our wellbeing. And if we're struggling with our mental health, this can affect our sleep. Everyone's sleep patterns are different, and it's important to do what works for you. But here are some ideas you could try:

Establish A Routine

Try and establish a routine around bed time, to help set a regular sleeping pattern.

Think about your screen time

Try to give yourself some tech-free time before sleep, and avoid bright screens that can affect your sleep. Instead of looking at a screen you could try listening to some music or a podcast.

Try to wind down before bed

Do a relaxing activity, like having a bath, or try a relaxation exercise before you go to sleep. It may also help to avoid having caffeine before your bed time, as this can keep you awake.

Try to make your sleeping environment comfortable A comfortable sleeping environment can help improve your sleep. Small changes can help. For example, you might sleep better with a low light on, or with different bedding.

Try to remember that it won't last forever

Sometimes worrying about when we'll fall asleep or how many hours sleep we'll get can make us feel even worse. Try to remind yourself that it's normal to struggle to sleep sometimes. And just lying in bed and resting can also be helpful for your body and mind.

Help Please

Did you see anything?

This morning during our Butterflies Nativity performance one of our parent's cars had been hit at the back on Oak Park Road

We are appealing for any witnesses who may have seen what happened.

If you saw anything at all please contact the school office on **01384389888**

As always, can we remind parents about the importance of parking respectfully and NOT blocking the drives of our neighbours.

Sensible parking will also keep our children safe!



Reindeer Run - The Mary Stevens Hospice

The children of Brook Primary will be taking part in an exciting, sponsored Reindeer Run event at school, raising funds for The Mary Stevens Hospice. This event is a great way of being physically active and improving health and wellbeing while supporting our community.

This event will take place on <u>Friday 15th December</u>. We would like to ask if you would be kind enough to sponsor them and help raise funds for your fantastic local hospice during this difficult time. We have set up a 'Just Giving' page to gain sponsorship that can be accessed via the following link:

https://www.justgiving.com/page/brook-primary-rr?utm_medium=fundraising&utm_content=page% 2Fbrook-primary-rr&utm_source=copyLink&utm_campaign=pfp-share

You will then be able to sponsor the children directly!
Please ensure that all sponsorship has been added by no later than
Friday 22nd December 2023.







Attendance % w/c 04/12/2023

3MH were the highest attendees in KS2 and 1W were the highest in KS1.

Well Done!

| Rec D | 96% |
|--------------|--------|
| Rec B | 92.17% |
| 1R | 92.67% |
| 1W | 99.33% |
| 2C | 96% |
| 2T | 97.93% |
| зВ | 95.71% |
| зМН | 97.33% |
| 4D | 91.48% |
| 4F | 88.80% |
| 5 l | 88.33% |
| 5P | 92% |
| 6AH | 93.79% |
| 6HT | 93.67% |
| School Total | 93.73% |
| Target | 97% |

Brook Buddies

Brook Buddies runs every morning and evening. Why not join us for breakfast or some after school fun? Our session times & prices are below:

Breakfast club:

8:00am-8:45am - £3.50

Afterschool club:

Half session 3:20pm-4:45pm - £5.25

Full session 3:20pm-5:45pm - £8.00

All bookings must be made by Thursday of the week before you require childcare.

Please note: (Summary from Brook School policy)

Parents should collect their child promptly at the end of a session otherwise you will be charged a fee of £10.00 to cover staff costs if they are more than 10 minutes late. If this situation arises more than three times in one term, their child's place at Brook Buddies may be forfeited!

Buddies parents please note:

If you need an emergency place—this needs be paid on Parent Pay no later than 3pm.



Advanced notice of closure:



Tuesday 19th December - Closed due to Christmas market Friday 22nd December - Closing at 4:45pm